

Bringing peace to our lives and the lives of those around us

# Reiki TUMMO® • A Path to the Heart

Workshop & Practice

February 24-27th, 2006 • Tallahassee, Florida

Join us  
Thursday evening  
for a FREE  
INTRODUCTION  
to Reiki Tummo!  
at 7:00 pm

## WORKSHOP and PRACTICE

### Reiki Tummo Level 1 - \$100\*

- Energy channeling/basic healing • Distant healing (basic stage)
- Increasing energy • Chakra balancing • Grounding • Knowing your heart

### Reiki Tummo Level 2 - \$200\*

- Instant awakening of the Kundalini • Healing techniques with symbols
- Advanced distant healing techniques • Tummo technique for practicing the Kundalini
- Increased energy • Realization of your connection to the Creator
- Divine Energy to cleanse and open your heart

### Reiki Tummo Level 3A - \$250\*

- Mass channeling/healing
- Programming an object to become an active energy channel.
- Developing the seven major chakras
- Advanced stage of the TUMMO technique
- Letting the divine blessing surpass your limitations
- Introduction to the Divine chakra.

**In the level 3A attunement**, all your major chakras are opened and all remaining chakra knots are broken through horizontally. You will learn various techniques to cleanse and develop your major chakras, including the chakra roots, the inner parts of the chakras and the chakra petals. Chakras are important for your spiritual growth going through these practices will make it possible for you to progress further.

### Kundalini Workshop & Practice - \$145\*

Techniques and practice to activate kundalini and speed up the cleansing process.

### Meditation Workshop & Practice - \$160\*

Techniques and practice to calm the mind, open the heart, improve your health and connection to higher consciousness.

*\*A printed booklet with a summary of workshop will be given at each workshop.*

For more information or to  
Register please go to: [www.h2amedia.com/tummo.html](http://www.h2amedia.com/tummo.html)

Contact:

**Kurt Valle**

**850.510.0604**

Dates:

**Reiki Tummo - Level 3A**

**Feb. 24, Fri. - 9am - 5pm**

**Reiki Tummo - Level 1**

**Feb. 25, Sat. - 9am - 5pm**

**Reiki Tummo - Level 2**

**Feb. 26, Sun. - 9am - 5pm**

**Kundalini**

**Feb. 27, Mon. 8am - 12pm**

**Meditation**

**Feb. 27, Mon. - 1pm - 5pm**

Place:

**Delodge Medical Complex**

Conference Room

2510 Micosukee Road

**W**hen you have completed the three levels of REIKI TUMMO it simply means that you have completed the very beginning of the program. Unlike other Reiki traditions, REIKI TUMMO is a part of a complete learning program aimed towards the attainment of Oneness, of Yoga. Those that have completed the Reiki Tummo Workshops may repeat any of the workshops at any time at a reduced rate. Please ask for details.