

A Heart Workshop

that will help you to remember the Truth about LOVE



Saturday - June 10, 2006
Level 1 Open Heart Workshop
9:30 am - 5 pm
\$100.00

A practical and experiential workshop designed to help the participant to feel the beauty of Love within the heart. The exercises in this workshop will show you how to reduce the domination of the brain and strengthen your heart connection, bringing abundant joy, peace, and calm into your life.
Level 1 Heart Workshop includes a heart attunement helping you to become better attuned to your deeper heart.

Sunday - June 11, 2006
Level 2 Open Heart Workshop
9:30 am - 5 pm
\$150.00

A practical and experiential workshop designed to further assist you in letting go of blockages that keep your heart from opening wider. You will also learn an easy way to let go of life's burdens, to experience a deeper layer in your heart, and how to access your heart for guidance. Level 2 will support and guide you to more deeply experience peace, joy, and blessings while relying on the Love within your heart.
Level 1 is the prerequisite.

INSTRUCTOR: Dr. Ed Rubenstein PhD • Psychologist

LOCATION: Tallahassee, Florida

Please see Web site FOR MORE INFORMATION and to REGISTER: www.h2amedia.com/hw.html

Preregistration is required • Each Workshop is limited to 40

CONTACT INFO: Kurt Valle, RN 850.510.0604

Sponsored by: Southern Springs Holistic Learning Center



A Padmacahaya Institute for Inner Studies Program

